



## Understanding Billing for Your Annual Physical Exam

Thank you for choosing and trusting Middleton Family Medicine as your Primary Care Provider! We are committed to providing our patients with the best healthcare experience possible, while ensuring transparency in our billing practices. Here's what our patients need to know about potential billing for an office visit in addition to an annual physical exam:

### What is an Annual Physical Exam (PE)?

An annual physical exam, also known as a "well check," "preventive health exam," or PE, is a comprehensive review of a patient's general well-being.

During this exam, our providers will:

- Review established chronic medical problems and prescriptions
- Confirm the patient's family medical history and surgical history
- Perform a complete physical examination
- Make recommendations for the patient's health, including counseling, anticipatory guidance, interventions to reduce health risks, age- and gender-appropriate immunizations, and preventive screenings.

### Billing Clarification:

Due to federal billing requirements, if anything discussed during the patient's annual PE is:

**New or Different:** If the patient brings up new or worsening symptoms or concerns

**-OR-**

**Not Considered Preventative:** Anything beyond the scope of preventive care

The annual PE bill may include an office visit, which could result in an out-of-pocket cost to the patient, including a copay, deductible, or coinsurance. ***This is not unique to our practice and aligns with standard healthcare billing practices.***

### Our Commitment to Clarity:

We aim to be transparent in our billing practices to avoid any confusion.

### What Our Patients Can Do:

- Feel free to discuss any health concerns during any visit with an MFM provider.
- Be aware of the possibility of an office visit charge for non-preventative issues.

*Please note that certain testing done at the time of an annual physical exam may also generate additional out-of-pocket expenses (ex. EKG, urinalysis, certain blood tests, etc.) depending on the patient's insurance coverage. It is **the patient's** responsibility to check and understand health insurance carrier benefits or review health plan websites **before the visit** to answer questions or concerns regarding benefits and cost-sharing, as each individual or family insurance coverage is different.*

### Contact Us:

For questions or concerns regarding the billing of a physical exam and/or office visit, please contact our Billing Department at 978-774-2555, extension 2. We appreciate your trust in Middleton Family Medicine and we are dedicated to providing you with exceptional care.